



STATE OF ALASKA
DEPARTMENT OF HEALTH & SOCIAL SERVICES
Division of Behavioral Health

303 "K" STREET
ANCHORAGE, AK 99501-2083
STATEWIDE: 907-264-0735

*Directory of Private Substance Abuse Treatment Agencies Certified by DBH to
Receive Criminal Justice Referrals*



UPDATED
****November 2016****
All other directories are INVALID as of this date.

State Approved Programs

The State of Alaska, Department of Health & Social Services, and Division of Behavioral Health Alaska Alcohol Safety Action Program approves private treatment programs to receive criminal justice referrals. All state funded programs (grantees) are approved unless otherwise specified. Only those private programs listed below are currently approved for these referrals. Any questions regarding this directory should be submitted to the Division of Behavioral Health, ASAP Office at 907-269-3600 or in writing at:

Division of Behavioral Health
3601 C Street, Suite 878
Anchorage, AK 99503

ASAP Provider Approval

<u>Alaska Statewide Alcohol Safety Action Program Contacts, ASAP & Juvenile ASAP</u>			
Alaska Native Justice Center (ANJC) Rural Juvenile ASAP Contact: Rene' Rouzan, 3600 San Jeronimo Dr., Suite 264 Anchorage, AK 99508 Phone: 907-793-3550 Fax: 907-793-3570 Email: rrouzan@anjc.net	Dillingham Juvenile ASAP Cheri Johansen-Program Coordinator BBAHC (Bristol Bay Area Health Corp.) Box 130 Dillingham, AK 99576 Phone: 907-842-1230 Fax: 907-842-5174 Email: aclavette@bbahc.org	Ketchikan ASAP & Juvenile ASAP Janalee Gage, Administrator 3050 5 th Ave. Ketchikan, AK 99901 Main: 907-225-4135 Staff: 907-228-6504 Fax: 907-247-4135 Email: nbush@akeela.org	Nome Juvenile ASAP Daniel Sylvester-Slingsby, Administrator Box 98 Nome, AK 99762 Phone: 907-443-5259 Fax: 907-443-2990 Email: delmore@nomecc.org
Anchorage Juvenile ASAP Zara Smelcer, Interim Program Director 1675 C St., Suite 201 Anchorage, AK 99501 Phone: 907-279-9609 Fax: 907-279-9694 Email: yrp@voaak.org	Fairbanks ASAP & Juvenile ASAP Twyla Cruger, Administrator 3100 S. Cushman St. Fairbanks, AK 99701 Phone: 907-452-6144 Fax: 907-452-7845 Email: tcruger@fairbanksnative.org	Kodiak ASAP & Juvenile ASAP Terri Ensley, Program Manager 717 E. Rezanof Drive Kodiak, AK 99615 Phone: 907-481-2413 Fax: 907-481-2420 Email: terri.ensley@providence.org	Seward ASAP & Juvenile ASAP Jill Hemsock-Administrator P.O. Box 1045 Seward, AK 99664 Phone: 907-224-5257 Fax: 907-224-7081 Email: JHemstock@SEAVIEWSEWARD.ORG
Bethel Juvenile ASAP Kerri Fox, Administrator P.O. Box 130, Attn. Kerri Fox Bethel, AK 99559 Phone: 907-545-0170 Fax: 907-543-4419, Attn. Kerri Fox Email: betheljasap@gmail.com	Juneau ASAP & Juvenile ASAP Walt Sisikin, Program Coordinator 211 4 th St., Suite 112 Juneau, AK 99801 Phone: 907-463-4410 Fax: 907-463-4399 Email: wsisikin-ncaddj@ak.net	Kotzebue Juvenile ASAP Chrishawna Yazzie-Program Coordinator P.O. Box 256 Kotzebue, AK 99752 Phone: 907-442-7641 Fax: 907-442-7749 Email: jeanmarie.barr@maniilaq.org	Anchorage ASAP Misdemeanor Services Anthony Piper, Alaska ASAP Program Manager 303 K Street, Anchorage, Alaska 99501 email: tony.piper@alaska.gov Phone: 907-264-0735
Copper River Juvenile ASAP Crystal Killian, Program Coordinator Copper River Native Association P.O. Box H Copper Center, AK 99573 Phone: 907-822-5241 ext. 256 Fax: 907-822-8804 Email: ckillian@crnative.org	Kenai ASAP & Juvenile ASAP Finnley Mkenna -Acting Administrator 10735 Kenai Spur Hwy. #2A Kenai, AK 99611 Main: 907-283-6586 Staff: 907-283-6587 Fax: 907-283-4029 Email: kenai.asap@alaska.net	Mat-Su ASAP & Juvenile ASAP Debbie Emery-Administrator 1825 S. Chugach, St. Palmer, AK 99645 Phone: 907-746-6260 Fax: 907-746-6272 Email: debbiee@akafs.org	Susan Draveling, Alaska ASAP Program Coordinator Fax: 907-264-0786 email: susan.draveling@alaska.gov

ASAP Provider Approval
Approved Private Substance Abuse Treatment Providers

Anchorage

AEON 4325 Laurel St #245 Anchorage, AK 99508	907-562-4608 Fax: 562-4608	Tyrone Charles	Talcharles@aol.com
Alaska Wisdom Traditions Counseling Services, 401 W International, #17 Anchorage, AK 99518	907-644-4504 Fax: 562-4503	Michael DeMolina	Michael@awisdomcenter.com darby@wisdomrecovery.com
Alyeska Counseling Group 701 W. 41 st Ave, Suite 104 Anchorage, AK 99503	907-782-2553	Michelle Williams	mwilliams@alyeskacounselinggroup.com
Denali Cove Counseling 1565 South Bragaw Street Suite 201 Anchorage, AK 99501	907-263-9326 Fax: 279-8234	Dr. Stephen Washington	Counseling1@gci.net
Discovery Cove Recovery & Wellness Center 16600 Centerfield Dr. Eagle River, AK 99577	907-694-5550 Fax: 694-5570	Ken McCarty	ken.m@discoverycovealaska.com
Genesis Recovery Services 2825 W 42 nd Ave Anchorage, AK 99517	907-243-5130 Fax: 248-8350	Anthony Longval	dmaloney@genesisrecovery.org alongval@genesisrecovery.org
Jett Morgan Treatment Services, LLC 400 W Tudor Rd., #A-400 Anchorage, AK 99501	907-677-7709	Michelle Jett	info@jettmorgan.com
Ma's Way Inc. 246 Oklahoma Street Anchorage, AK 99504	907-884-5350	Ken Brewington	Kenb59@gci.net
Mountain Minds Mater, Cornerstone Counseling P.O Box 1189 Girdwood, AK 99587	907-382-6477 Fax: 783-2523	Shirley Durtschi	Skdurtschi@gmail.com
Providence Breakthrough 3801 Lake Otis Pkwy, Ste 200 Anchorage, AK 99508	907-212-6970 Fax: 212-6971	Cathy Smith	mksmith@provak.org
Rational Recovery 308 G Street Suite 212 Anchorage, AK 99501	907-351-8249	Denise Rhodes	Dmrhodes1254@gmail.com
Renew Your Mind 123 E. Fireweed, Ste 212, Anchorage, AK 99503	907-720-4005 Fax: 258-0470	Nathaniel Reddick	Nate12348@yahoo.com
Resolution Services 401 E. Northern Lights, Ste. 205 & 207 Anchorage, AK 99503	907-770-7769 Fax: 770-7634	Vivian Patton	vpattson@resolutionak.com
Tutan Recovery Services 3001 Porcupine Drive Anchorage, AK 99501	907- 563-0555 Fax: 563-1122	Eydie Flygare	tutanrecovery@gmail.com

ASAP Provider Approval

Vet Center 4400 Buseness Park Blvd., Ste. B-34 Anchorage, AK 99503	907-563-6966 Fax:561-7183	Robert Erwin,	Robert.erwin@va.gov
Veterans Affairs 3001 C St. Ste. 201 Anchorage, AK 99503	907-257-4835	Rafael Bultron Jr.	rafael.bultron@va.gov

Fairbanks

Fresh Start PO Box 55384 Fairbanks, AK 99705	907-388-3221 Fax:: None	Kelly Andalaro	kandaloro@gci.net
Turning Point Counseling Services 529 6 th Ave, Ste 203 Fairbanks, AK 99701	907-978-5367 452-2080	Gunnar Ebbesson	gunnarebbesson@mac.com
Pacific Rim Counseling 627 Gaffney Fairbanks, AK 99701	907-452-5252 Fax: 452-6233	Joy Copeland, John Dicer	prcfairbanks@gmail.com
Pichette Counseling Services 626 2nd Street Suite 204 Fairbanks, AK 99701	907-459-6401 Fax: 459-6402	Christy Pichette	pichettecounselingservices@yahoo.com
Seven Secrets Counseling & Social Skills 2515 Mission Rd. North Pole, AK 99705	907-488-4561 Fax: 488-8966	William Watson	sevensecretscounseling@alaska.net

Other Communities

ADAPT (JBER) 5955 Zeamer Ave. Elmendorf, AK 99506	907-580-2181	MSgt SCHNEEWOAK D. UPSHAW SSgt RUDOLPH T. FRANCIN SSgt Brayden E. Van Bever SSgt Jessica N. Duran	schneewoak.upshaw@us.af.mil Rudolph.Francin.1@us.af.mil brayden.van_bever@us.af.mil jessica.duran.3@us.af.mil
Alaska Wisdom Traditions Counseling Services, 291 Paulson Ave Wasilla, AK 99654	907 562-4540 Fax 562-4502	David Molletti	david@wisdomrecovery.com
ASAP (JBER) 724 Postal Service Loop #1025 Bldg. 1108 2 nd Floor Ft. Rich, AK 99505	907-384-7368	None available	
Hats of Wisdom 266.5 Richardson Hwy, Delta Junction, AK, 99737	907-803-7022 Fax 895-2220	Josie Barry	josie@hatsofwisdom.com
Ninilchik Traditional Council community Center 15765 Kingsley Road, Ninilchik, AK 99639	567-3370 Fax567-3310	Christine Prokop	christine@ninilchiktribe-nsn.gov
Discovery Cove Recovery and Wellness Center 2975 Mill Bay Rd. Suite B Kodiak, AK 99615	907- 487-2223 Fax: 694-5570	Ken McCarty	ken.m@discoverycovealaska.com

ASAP Provider Approval

Wasilla Veterans Center 851 E. West Point Dr. Wasilla, AK 99654	907-376-4318 Fax 373-1883	Debbie Criss	debbie.criss@va.gov
---	------------------------------	--------------	--

Note: All agencies on this list are currently approved through June 30, 2016 or later unless otherwise indicated. Agencies wishing to be on this list should contact Michael Powell at 907-269-3795 or at Michael.powell@alaska.gov

Anchorage

1	<p>AEON Counselor: Tyrone Charles, MA; Juvenile, DOC, and SBIRT specialist</p> <p>AEON counseling uses cognitive behavioral didactic and mindfulness approaches to assist the client to recognize the effects and consequences of their substance use, high risk behavior. Every individual who participates in any of our substance use programs is treated with respect and understanding. AEON counseling believes there is a requirement to provide proper working tools to each participant to assist in making internal changes in thought patterns to open up their understanding of their issues leading to use, facts, thoughts, feelings, wants and finally the actions of using. There is no condemnation or blaming, only an acceptance and recognition of personal responsibility to change.</p>
---	--

ASAP Provider Approval

2	<p>Alyeska Counseling Group Counselors: Donna Henry, LPC-S/CDC I Damito Owen, LPC-S Michelle Williams, CDC II</p> <p>Our mission is to provide a safe and supportive place for the individual to address what is important to them. We believe that if you are having difficulty coping with life's problems, or experiencing a sense of unhappiness, choosing counseling is a brave choice. Alyeska Counseling Group, LLC is a team of dedicated professionals reaching the Anchorage community through the provision of integrated mental health and substance abuse assessments and treatment. Our integrated screening seeks to answer "Is there sufficient evidence of a substance use and/or other mental disorder to warrant further exploration?" Providers use empirically proven best practice treatment including Cognitive-behavioral therapy, Motivational Interviewing, and the Matrix substance abuse approach to address client goals and objectives for treatment. Integrated assessment seeks to (1) establish formal diagnoses; (2) evaluate level of functioning to identify factors that could interfere with the ability to function independently and/or follow treatment recommendations, (3) determine the client's readiness for change, and (4) make initial decisions about appropriate level of care. Our approach is client centered taking into account cultural, social, medical and life circumstances. We understand that the individuals perceptions of his or her problem(s) and the goals he or she wishes to accomplish are central to the assessment and treatment plan recommendations. Our licensed and registered Play Therapist effectively uses clinically proven tools to counsel and help children work through problems that are difficult to talk about. Examples of some of those issues are trauma, depression, low self-esteem, school issues, and anger. Our team of licensed and masters level providers offer mental health, substance use and financial counseling services. We offer licensed Family and Couples counseling and certified family mediation, Biblical counseling and coaching for those who request such services. Our team of professionals include two State of Alaska Licensed Professional Counselor (LPC) Supervisors (LPC-S}, offering Masters level individual and group supervision for the LPC.</p>
---	--

3	<p>Alaska Wisdom Counseling, LLC Counselors: Michael DeMolina, Master Addiction Counselor</p> <p><u>Programs</u></p> <ul style="list-style-type: none"> • Outpatient – meeting one time a week for 12 weeks • Intensive Outpatient Program (IOP) – meeting 3 times a week for 8 weeks (Phase I) • Continuing Care – meeting one time a week for up to 6 months or as needed (Phase II) • Relapse Prevention Program (RPP) – following the original CENAPS model of RPP as taught by Terrence Gorski to our Program Director. • Offering a Continuum of Care: Long-term working relationships with local physicians, as well as several Residential Treatment Facilities in the Lower 48, in order to offer care to all from the very acute to the very chronic. <p><u>What sets us apart?</u></p> <ul style="list-style-type: none"> • Evidence based treatment and a structured curriculum • Small group size with a low counselor/client ratio • Weekly individual sessions available (if needed) • Emphasis on the “Three Pillars of Recovery” as established in national studies: Family Involvement, Participation in long-term Continuing Care and ongoing participation in a 12-Step Program. <p>Our clinicians are a combination of Master’s level therapists and Chemical Dependency Counselors who work together to provide many perspectives on recovery. We are quite familiar with both Stage I and Stage II Recovery issues. Stage II Recovery groups can include Men’s and Women’s Groups, a boundaries/Coda Group, and self-development weekend workshops.</p> <p>The inclusion of an eclectic treatment approach, with an emphasis on Rational Emotive Therapy (RET), advanced EMDR and Neuro-Linguistic Programming (NLP) has shown to be especially effective with Anxiety spectrum and PTSD co-occurring disorders.</p> <p>Integrative Medicine Services available: Hypnotherapy, Acupuncture, and Manual Assistive Physical Therapy for non-addictive pain management.</p>
4	<p>Denali Cove Counseling Counselors: Dr. Stephen Washington, Ph.D.</p> <p>Denali Cove Counseling Center is committed to providing the best comprehensive behavioral healthcare and recovery support services to individuals, groups, couples, and families. Our services are designed to improve a person’s overall functioning, support their subjective wellbeing, and enhance their quality of life.</p> <p>Denali Cove Counseling Center employs a holistic approach. We facilitate care for the “whole” person and believe that optimum outcomes are achieved by the integration of family and community support.</p> <p>We offer clinical and pastoral counseling to individuals, groups and couples in the following areas: assessment, outpatient, treatment, substance abuse, co-occurring disorders, marriage and family, anger management, alcohol and drug information school, prime for life, and access to recovery.</p>

ASAP Provider Approval

5	<p>Discovery Cove Counselors: Ken McCarty, LMFT; Juvenile and DOC specialist Edward Zeff, MD, DLFAPA; Juvenile and DOC specialist</p> <p>Mission: To provide a treatment place of healing for individuals, families, and community who have mental and substance use intrusions, whereby health and balance is achieved in mind, emotions, physical, relations, and spirit.</p> <p>Providing an integrated treatment approach that involves the Total Awareness Approach model.</p> <p>Treatment modalities include: Systems (structural/strategic), Cognitive Behavior, Eye movement desensitization and reprocessing (EMDR), Dialectic Behavioral Therapy, Aromatherapy, Nutrition, Massage/Chiropractic, Physical Therapy, Psychiatric Services and Neuro-genesis.</p> <p>Treatment Programs include: Mental Health (Individual & Group), Family Therapy, Anger Management, Substance Abuse Assessment, Comprehensive Mental Health Assessments, Alcohol/Drug Education Classes (ADIS/Prime for Life), Outpatient Therapy (Level I & Level II.I), Medication Assisted Treatments (e.g. Opioid Dependence, Alcohol).</p> <p>Treatment Programs are recognized by the State of Alaska, DHSS, Division of Behavioral Health and Department of Corrections. Provider accepts most insurance.</p>
6	<p>Genesis Recovery Services Counselors Dona Maloney, PhD; Juvenile and DOC specialist Anthony Longval, PhD</p> <p>The program is based in foundations that define psychology: a belief in people, respect for the individual, a non-blaming/non-shaming environment, a belief in the dignity of the individual and supportive confrontation of behavior vs. a combative confrontation of the personhood of the individual.</p> <p>The mission of Genesis Recovery Services, Inc. is to target adult men, women, and families needing behavioral health services. Services are provided for those experiencing substance abuse/disorder, dual diagnosis, lack of safe housing and family dysfunction. Genesis provides services according to the needs of the individual(s). Treatment is provided at the residential, IOP, OP and after care levels and is based on the Gorsky model of treatment providing care to the whole person (bio/psycho/social/spiritual). Genesis provides 24-hour monitored care, transitional living, family treatment and/or assessment and referral to assist the achieving and maintenance of abstinence. Our goal is to assist in the achievement of quality of life including the areas involved in a well-rounded life style: physical, emotional, mental, and spiritual health; economic security, employment, positive social and family interdependence and positive self-identification.</p>
7	<p>Jett Morgan Treatment Services, LLC Counselors: Michelle Jett, AAS, CDC II, DOC specialist Amanda Rosita Valenzuela, ADIS Instructor, DOC specialist Jett Morgan Treatment Services, LLC. Provides services to adult men and women age 18 and up in</p>

ASAP Provider Approval

a co-ed outpatient setting. We do not discriminate based on gender, sexual orientation, race, ethnicity, marital status, family status, political affiliation or religious beliefs. We provide priority admissions to pregnant women, IV drug users, HIV positive clients, ASAP Fast Track clients and OWL Court clients.

Office hours are Monday through Friday 9:00 am to 5:00 pm, though groups are held during the evenings from 6:00 pm to 7:30 pm. Our group schedule may change based upon the needs of our clients.

We will provide substance abuse assessments in accordance to the diagnostic criteria of the DSM IV-TR and the patient placement criteria of the ASAM PPC-2R.

We will provide level 0.5, early intervention services by conducting Alcohol and Drug Information School (ADIS) at least one time per month, which entails 12 hours of education spread out over the course of the three days per class, by a certified ADIS instructor.

We will provide individualized level I, outpatient treatment services based upon an interpretive assessment summary completed within six months prior to admission. We will accept interpretive assessment summaries from other agencies. Length and frequency of services are solely dependent upon the assessment and client progress or lack thereof; thought will range from 1 to 8 hours per week for 1 to 12 months. We will also provide interim outpatient services to clients waiting to enter into a higher level of care to keep them engaged in the treatment process and provide supportive services.

We will provide level 0.5, aftercare services to provide ongoing support. Length and frequency of services are individualized, though will range from 1 to 3 hours per month for 3 to 6 months, based on client progress or lack thereof.

Treatment services will include individual counseling, skill-based group counseling, treatment planning, case management, referrals, and on-site alcohol and drug testing using breath, urine and/or saliva samples. However, we may refer clients to an independent certified alcohol and drug testing laboratory such as Work Safe.

Our approach to treatment is client centered, empowering and focused on the strengths of individual clients. We believe that clients are capable of making good decisions to regain control of their lives. Treatment is based on the neuroscience concepts of David Rock and Jeffery Schwartz. We draw upon the relapse prevention models of Marlatt and Gorski. The works of Ellis, Beck, Scott Miller and Bowen's Family Systems Theory using a motivational counseling style also influence our treatment approach.

We will offer a sliding fee scale based on income to eligible clients. Additional, we will provide pro-bono services to a limited number of individuals who cannot afford to pay for treatment and have no other resources. We will also encourage advance payment in full by offering a discount of 10%. Payments for services are due at the time services are rendered, though we do not require deposits prior to starting treatment.

ASAP Provider Approval

8	<p>Ma's Way Inc. Counselors Kenneth Brewington CDCS Lynette Young CDC I</p> <p>Ma's Way is a faith based agency that uses 12 Step and other behavioral based strategies to implement change. We offer substance use assessments, ADIS and both Level I (outpatient) and level II intensive outpatient. ADIS classes are scheduled monthly and substance abuse is client driven however it usually takes around 6 months to complete.</p>
9	<p>Mountain Minds Matter, Cornerstone Counseling Counselor: Shirley Durtschi, PhD, LPC, CDCS</p> <p>This agency provides an eclectic perspective that mixes humanistic/existentialism with optimistic realism using cognitive behavioral therapy. It is critical to build solid rapport with clients by creating a safe, trusting, supportive and healthy relationship using positive self-talk and reinforcement and utilizing behavioral concepts that teach coping skills through Dialectic Behavioral Therapy (DBT). A focus is on insightful knowledge associated with attributes of motivation and understanding of human behavior through listening and providing meaningful and helpful feedback.</p> <p>Behavioral Therapy (DBT); 1) clients are doing the best they can, but they need to be more effective, and 2) clients may not have caused all their problems and yet they have to solve them. Her treatment approach utilizes Cognitive Behavioral therapy, 12 Step, psycho-education, EMDR, and spiritual resources depending on the needs and desire of the client. She has extensive cross-cultural experience.</p> <p>In addition to experience in substance abuse issues and working with clients who have legal involvement, Gayle Nauska has knowledge and experience in working with health issues/chronic conditions, depression, anxiety, grief, trauma, sexual abuse, LGBT issues, spiritual issues, stress management, anger management, abuse relationships, working with the elderly, caregiver stress, and families with special needs children.</p>

10	<p>Providence Breakthrough</p> <p>Counselors: Greg White, LPC Shane Ball, LPC</p> <p>General Description Providence Breakthrough is an outpatient substance use disorder treatment program. Services are located at 3760 Piper Street, Suite 1108, Anchorage, AK. The programs are approved by the Alaska State Department of Health and have been accredited by the Joint Commission on Health Care Organizations (JCAHO).</p> <p>Program Philosophy Breakthrough acknowledges substance use/behavioral disorders to be medical conditions that often require a variety of treatment interventions. As a disease entity, it often affects physical, emotional, social, and spiritual dimensions of life. Of paramount importance to all clients is a careful assessment and placement in an appropriate modality of treatment that will encourage abstinence and an introduction to a healthy lifestyle. Client and significant other involvement in care decisions and treatment planning greatly enhances the likelihood of success. All programs of Breakthrough utilize an abstinence-based model. Development of sober social support through 12-step programs or other appropriate means is strongly encouraged. Client and family education about addiction and recovery are emphasized. Spiritual exploration and development are encouraged through step work, personalized assignments, education, and spiritual care referrals for interested clients. Clients are encouraged to follow-through on referrals for services beyond the scope of care at Breakthrough. As a chronic condition, substances use disorders can best be treated in a context that acknowledges treatment as an ongoing process. Breakthrough encourages clients to stay involved with support groups at the end of primary treatment and continuing care.</p>
11	<p>Rational Recovery</p> <p>Counselor: Denise Rhodes, CDC I</p> <p>Rational Recovery is an abstinence-based recovery approach made affordable to the consumer and is a proven process based on the Structural Model of Addiction. It helps the patient identify and defeat the inner voice that compels one to drink, use drugs or perform any maladaptive behavior pattern of any kind and to use the power of reason to gain control over actions, emotions, and obtain a sober life. Rational Recovery also teaches nicotine cessation.</p>

ASAP Provider Approval

12	<p>Renew Your Mind Counselor: Nathaniel Reddick, CDC I</p> <p>Renew Your Mind is a faith-based substance abuse agency. It has a twelve-week program, which can be modified or extended based on ASAM patient placement criteria. Renew Your Mind uses SAMSHA recognized evidence-based practices and an ASAM-driven journaling. This is a program of recovery consisting of motivational interviewing, stages of change, cognitive behavioral therapy, addressing criminal thinking, spiritual dynamics of addiction and a twelve-step program. The journals are designed to help clients work a rigorous program of recovery and are divided into seven sections, with each section covering a topic relevant to recovery. The information and questions in the journal guide clients to apply the twelve-steps in their daily life.</p>
13	<p>Resolutions Services Counselor: Vivian Patton, BS, CDC II</p> <p>This agency is an outpatient treatment provider with one counselor who has worked in the field since 1994 and is certified as a counselor since 1996. I offer intensive outpatient services. I come from a background of working with chronically mentally ill to displaced homemakers. My proactive models are very much centered in a cognitive behavioral approach and the trans-theoretical model. I develop a therapeutic relationship with clients using the approach of Carl Rogers. I provide onsite testing, urine and saliva testing as well as EtG. Application of ASAM placement criteria is used for placement and discharge. Assessment includes DSM IV diagnosis. I also specialize in child custody expert witnessing assessments in my practice. I can also provide adoption home studies and consultation on adoption issues and custody investigations.</p>
14	<p>Tutan Recovery Services Counselor: Eydie Flygare Eric Martinez</p> <p>Mission Statement: To offer hope and empowerment to each individual who suffers from drug and alcohol addictions and to make positive life changes, while reducing the negative impact of substance abuse and domestic violence in our community.</p> <p>Tutan Recovery Services is a faith based center that provides services to individuals over the age of 18. We provide substance use disorder assessments accordance to the diagnostic criteria of the DSM and the patient placement criteria of the ASAM-PPC. We provide level 0.5 early intervention services by conducting the Alcohol and Drug Information School (ADIS). We provide aftercare treatment to continue a balanced lifestyle through structured guidelines and accountability. We provide outpatient treatment for men and women based upon an interpretive assessment summary completed within six months prior to admission. This program allows clients to continue their career while receiving necessary treatment to live a productive life free from drug and alcohol dependence. We are certified Moral Reconation Therapy (MRT) and domestic violence intervention trainers.</p>
15	<p>Vet Center Military program</p>
16	<p>Veterans Affairs Military program</p>

Fairbanks

17	<p>Fresh Start Counselor: Kelly Analaro, CDC II</p> <p>The Fresh Start ADULT Outpatient program is designed for participants 18 years old or older who have a chemical dependence diagnosis. It is the program provided for those for whom a treatment program is deemed necessary and is the least structured and restrictive of all of program continuum of services ranging from Outpatient, Intensive Outpatient and Continuing Care. The services will begin with an assessment, using the ASAM PPC-2R, to determine appropriate level of care, an intake session to gather information for issues to address on an individual basis for the treatment plan, individual and group sessions.</p> <p>The Fresh Start YOUTH Outpatient program is designed for participants 18 years or younger who have a chemical dependence diagnosis. It is the program provided for those for whom a treatment program is deemed necessary and is the least structure and restrictive of all of program continuum of services ranging from Outpatient, Intensive Outpatient and Continuing Care. The services will begin with an assessment, using the ASAM PPC-2R, to determine appropriate level of care, an intake session to gather information for issues to address on an individual basis for the treatment plan, individual and group sessions.</p> <p>The Fresh Start ADIS program is designed for participants 18 years old or older who do not have a chemical dependence diagnosis. It is the program provided for those whom an educational versus treatment program is deemed necessary and is the least structure and restrictive of the entire program continuum of services.</p>
18	<p>Turning Point Counseling Services Counselors: Gunnar Ebberson, LPC MAC ; Juvenile and DOC specialist Joseph Nowell, LPC MAC ; Juvenile and DOC specialist</p> <p>The purpose of this program is to provide integrated mental health and substance use disordered treatment simultaneously to clients who meet PPC-2 R placement criteria for Intensive Outpatient treatment and who are psychiatrically stable enough to manage treatment on an outpatient basis. The program consists of two primary phases. Upon program entry, clients will participate in a 10-weeks Intensive Outpatient Program (IOP) that will include 10 direct service hours each week: 3 two-hour group therapy sessions; 1 one-hour individual therapy session; and 2 ninety-minute psycho educational groups. Clients who successfully complete the IOP will be advanced to Phase II, which is a four week outpatient step-down program that will include 1 one-hour individual therapy session and 1 one-hour aftercare group each week. Client's who successfully complete Phase II will be offered 1 one-hour aftercare group each week for up to 18 months at no charge to the client.</p> <p>We will integrate Substance Abuse Treatment with Mental Health treatment. For example, we will provide Dialectical Behavioral Skills Training, EMDR and psychotherapy in conjunction with standard substance abuse and dependence treatment topics, such as, the Disease of Addiction and Relapse Prevention. Staff includes licensed Master's level clinicians, and support staff that have</p>

ASAP Provider Approval

credentials, experience and training that insure a high standard of care for both mental health and substance use disordered clients.

All clients will receive an Integrated Psychosocial Assessment (IPA) designed to identify co-occurring psychiatric and substance use disorder. If recommended by the IPA, clients will be referred for psychiatric care, including medication management.

The group therapy sessions will largely be process groups that are co-facilitated by a male and female therapist/counselor when possible, with at least a CDCII Certification and will follow the discretion of the therapist. The groups will also, on occasion, include interactive therapeutic exercises. The psycho educational groups will include one-hour of educational presentation/discussion followed by 1 half-hour of homework review discussion.

The standard 50-minute hour individual sessions will be tailored to meet individual client needs, and will be facilitated by either a licensed Master's level Psychotherapist or a CDCII, as determined appropriate by clients' individualized treatment plans.

The program will honor the physical and spiritual components of addiction and mental health issues by providing an array of services through referrals and contracts with various providers. These services include acupuncture, yoga, nutrition, massage and naturopathy, and may include others as need arises.

Trauma is a significant feature of many people who find themselves in treatment; therefore, trauma groups and EMDR sessions provided by staff will be integrated into clients' individual treatment plans as indicated.

There is a vast body of research (MAST study among others) that indicate psychotherapy in conjunction with 12-step support provide clients the best chance for long-term treatment success. During the program, clients will be required to attend two 12-step recovery meetings each week, either NA or AA, and must be able to document their attendance. Staff will help clients orient to meetings and process their experience as a way of helping them integrate 12- step programs into their recovery processes. We will also help clients attain sponsorship by establishing close relationships with different 12-step groups and members.

Our goal is to bridge the gap between mental health and substance abuse treatment in our community by developing a whole-person approach to treatment provided by highly trained, experienced and licensed providers. We are in the planning stages of this program and welcome your feedback, insights and experience as we move forward.

19

Pacific Rim Counseling

Counselors:

Pacific Rim Counseling services are as follows: to provide a comprehensive program structure and staffing pattern that provides the persons served with opportunities to obtain and participate in the services offered. PRC-F's outpatient treatment program consists of individual, family and group counseling designed to reduce symptoms and improve functioning of the persons served.

Our philosophy: PRC-F is adamant that clients are people first, individuals who are essentially no different from the population at large. Promoting cognitively-based self-help meetings, avoiding terms like "alcoholic" and "addict", and showing respect for every person served are all an integral part of PRC-F's philosophy.

Goals for the program: Offering an empowerment approach to recovery from addiction; helping families start and stay strong, supporting the integration of the person served into the community, treating mental illness with compassion and respect, reducing recidivism in clients involved in the criminal justice system, improving our services to clients through client feedback and staff education and training, and providing integrated outpatient care for clients experiencing co-occurring disorders. Resources needed to achieve these goals include adequate qualified staff, space dedicated to individual and group services, computer and paper files for financial and clinical records, office furniture to provide a safe and comfortable environment for staff and persons served.

The primary target population of PRC-F is people who have already tried to recover via the 12 steps or those who express an interest in PRC-F's services. The population served also includes clients discharged from inpatient treatment elsewhere and are referred and/or request services in this community. As counseling professionals, PRC-F's clinical staff provide serves designed to enhance the quality of clients' lives related to emotional, relational, and personality issues. As with all clients, these clients will be assessed and treated on a case-by-case basis. Those clients who because of their occupation/job site cannot attend regularly scheduled outpatient group meetings will be offered an individualized treatment program.

PRC-F uses a multi-modal approach to teach key program concepts and educate the persons served. This may include but not be limited to didactic presentation, experiential activities, group process, video and audio tapes, readings, written assignments, self-help meetings, and individual insight-oriented therapy. In addition to the general public, the services of PRC-F, Inc., are extended to the Alcohol Safety Action Program and other referral sources, regardless of age race, gender, handicap or other protected circumstance. Services shall be delivered on an outpatient basis, including intensive outpatient track that consists of at least 9 contact hours per week. Service approaches include but not be limited to cognitive behavioral and other research-supported practices.

ASAP Provider Approval

20	<p>Pichette Counseling Services Counselors: Christie Pichette, BS, CDC I Joy Copeland, AA, CDC II</p> <p>Pichette Counseling services is independently owned and operated and designed to provide a structured environment (outpatient services) for all eligible community members. The Adult and juvenile treatment program works closely with families, schools, business, MCH, DOC, DJJ, and the courts in offering evaluation, individual and group counseling, ADIS, presentence and case management needs. Programs offered include Level I-SOP (20 sessions), and Level II (fifty sessions) for adults and youth and, and ADIS. I also run groups on thinking errors and anger management. Programs are designed to help assist clients through at least a portion of their probation period.</p>
21	<p>Seven Secrets Counseling & Social Skills Counselor: William Watson</p> <p>Seven Secrets outpatient program services provides a comprehensive program structured and designed to achieve the goals of the program and a staffing pattern designed to ensure maximum opportunities for persons served to access outpatient services to accommodate their individual needs.</p> <p>Seven Secrets Program Philosophy: Alcoholism and other drug addictions are viewed as diseases, which are universal, primary, progressive and fatal if not treated. This complex, chronic disease negatively impacts the physical, emotional, mental, social, cultural and spiritual life of the individual as well as families and communities. With this belief we developed a comprehensive continuum of services, designed to provide appropriate intervention at each stage of the recovery process.</p> <p>Outpatient care philosophy: The outpatient care services are specifically designed for those individuals (ages 12 and over) who have been assessed as being able to successfully complete treatment through this level of care. The appropriate placement in the least restrictive level of care is assessed in an ongoing manner throughout treatment, utilizing standard-industry tools and criteria. Individuals assessed as needing a more intensive or less intensive level of care are referred to either another program that provides the appropriate level of services needed or to a program outside this agency's continuum of services. With appropriate interventions such as diagnosis services, therapy, and the development of recovery skills and support systems, addictions can be arrested, their negative effects minimized, and individuals can learn to live a lifestyle free of mind or mood altering substances.</p>

Other Communities

22	ADAPT (Elmendorf AFB) Military program
23	ASAP (Ft. Richardson) Military program

ASAP Provider Approval

24

Hats of Wisdom

Counselor:

Josie Barry, MA

Dr. Ray Andressen, DO, LPC Supervisor (FMC)

Types of treatment: Groups, families, couples, and individuals (children, adolescents, and adults).

Types of therapy: Matrix Model of Tx-Drug and Alcohol Abuse Dependence (20 Weeks), Domestic Violence-Alteration to DV, STEPPS (for of DBT)- Bipolar and Borderline (24 Weeks), CBT/CT-Mood and anxiety disorder, DV and addictions (3 months), ERP-Obsessive Compulsive Disorder (youth/adults, 6 months), Gottman Therapy-marital/relational issues (3+ months), Support Group-Delta Women, (2nd and 4th Tuesday)

Client Eligibility: Due to a partnership with the Family Medical Center (FMC) in Delta Junction, I am able to offer services to everyone in town whether they have insurance or not. FMC covers most insurance plans including Medicaid and Medicare. I do not require my clients to pay me directly; instead the billing department will send them a bill each month. If they do not have insurance and are unable to pay in full, a payment plan can be established. They will be asked to sign a hardship form with an amount they agree to pay for each session. This can be done with me or billing.

Other Program Requirements: All clients are assigned a set day and time to help with continuity and consistency of their treatment plan. If the individual has been sent to me by FSAP or LEAP they will be required to attend the hours set forth by the court. For these two programs I will see them on an individual basis until I have enough to start a group.

25	<p>Ninilchik Traditional Counsel</p> <p>Summary: The mission of the Ninilchik Traditional Community Clinic Behavioral Health Program (NTC BH) is to increase the quality and availability of behavioral health care (mental health and substance abuse treatment) in the NTC service area. NTC BH treatment program utilizes a strengths-based, culturally sensitive approach using the disease and recovery model and emphasizing an integrated methodology to treatment. Treatment plans are individualized and tailored to client needs based on stage of change/ phase of recovery, level of functioning, diagnosis, and internal/ external motivation. Treatment plans assist the client in developing an awareness of individual strengths and using those strengths to address issues in his/ her life.</p> <p>The NTC BH program philosophy is based on the Minkoff’s model of comprehensive and integrated system of care. While utilizing Cognitive-behavioral Therapy, Enhanced Motivational Interviewing, and Strengths-based counseling, the NTC BH program also believes that the clinician/client relationship is one of the most important factors in treatment success and client care. NTC BH philosophy is to assist the client in replacing maladaptive behaviors with functional ones, and that dual diagnosis is the expectation instead of the exception. We incorporate ‘Best Practice’ approaches as they apply to the outpatient care setting.</p> <p>Key elements: The NTC BH program offers services that include adult outpatient substance abuse treatment, youth SED services, and mental health counseling. Scope of services include integrated and substance use assessments which contain screenings of medical, nutritional, educational, vocational needs and referrals, and family of origin history, as well as individualized treatment planning, individual and group therapy for mental health and substance abuse, play therapy for children and adolescents, family therapy (as indicated), case management services, referrals, outreach and prevention services, and coordination of care with other providers to assist the client in comprehensive and holistic care.</p>
----	--

ASAP Provider Approval

26	<p>Discovery Cove Recovery and Wellness Center: Serving Kodiak and Eagle River, AK Counselors: Ken McCarty, LMFT; Juvenile and DOC specialist Edward Zeff, MD, DLFAPA; Juvenile and DOC specialist</p> <p>Mission: To provide a treatment place of healing for individuals, families, and community who have mental and substance use intrusions, whereby health and balance is achieved in mind, emotions, physical, relations, and spirit. Providing an integrated treatment approach that involves the Total Awareness Approach model.</p> <p>Treatment modalities include: Systems (structural/strategic), Cognitive Behavior, Eye movement desensitization and reprocessing (EMDR), Dialectic Behavioral Therapy, Aromatherapy, Nutrition, Massage/Chiropractic, Physical Therapy, Psychiatric Services and Neuro-genesis.</p> <p>Treatment Programs include: Mental Health (Individual & Group), Family Therapy, Anger Management, Substance Abuse Assessment, Comprehensive Mental Health Assessments, Alcohol/Drug Education Classes (ADIS/Prime for Life), Outpatient Therapy (Level I & Level II.I), Medication Assisted Treatments (e.g. Opioid Dependence, Alcohol).</p> <p>Treatment Programs are recognized by the State of Alaska, DHSS, Division of Behavioral Health and Department of Corrections.</p> <p>Provider accepts most insurance.</p>
27	<p>Wasilla Veterans Center Counselor: Debbie Criss Provides services only to active duty at present time</p>